

Dengue Fever and ways to prevent it

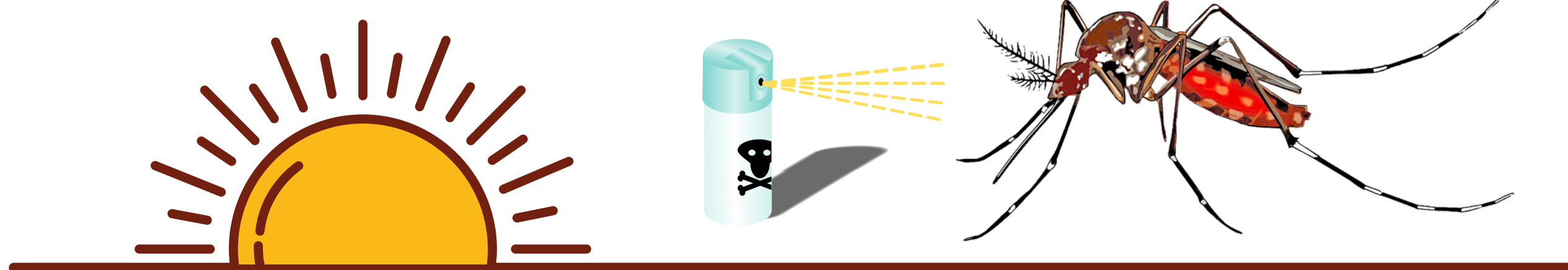


What is dengue fever?

Dengue fever is a viral disease that is being transmitted by the bite of mosquitoes.

How is dengue fever transmitted?

When an infected female Aedes mosquito bites a healthy person and sucks blood, the disease is being transmitted. The mosquito is active during the early hours of the day to 2-3 hours after sunrise.



What are the methods of controlling the mosquito and the disease?

Avoid the accumulation of water in flower pots, old tyres, buckets etc.

Clean the inside of utensils and water containers once each week.

Cover water containers and seal lids tightly.

Sleep under bed nets impregnated with pesticides.

Place a curtain or net with narrow openings over doors and windows to prevent mosquitoes from entering.



Dengue fever is a very dangerous disease. It can lead to death, but we can prevent it. If you or a member of your family suffers from one of the symptoms of dengue fever, you should visit the nearest health facility.

